

# IMPORTANT POINTS FOR THE PROPER USE OF THE XZ TRACTION WALL UNIT

If you plan to manually manipulate or exercise the patient-Do it before the wall traction.

Start patient at 3-5 minutes on the first session and gradually increase to 10-20 minutes per session.

It is believed helpful to have the patient walk in place 10 steps every 30 seconds while in traction to increase proprioceptive input and decrease the muscle guarding reflex.

It is believed helpful to perform some type of impulse adjusting while the patient is in the mirror image traction. Especially lateral translation traction as shown on the right side of this page.

Always show the patient how to release the ratchet line themselves, in case of emergency.



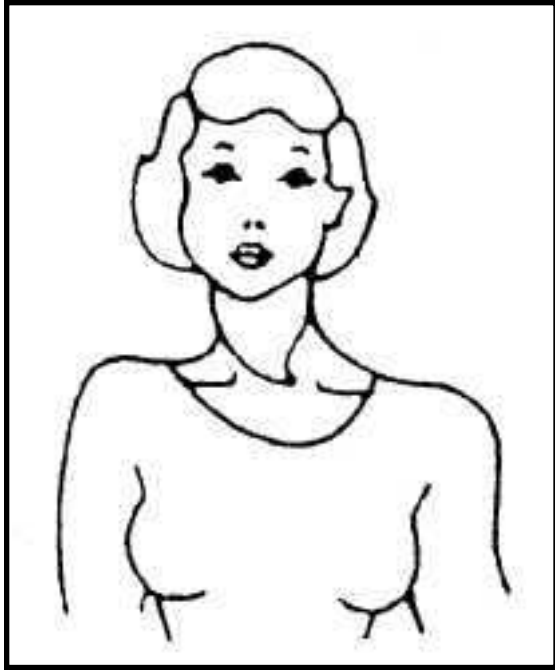
The XZ Traction Wall Unit TM should be used in accordance with instructions and under the supervision of a licensed physician, chiropractor or physical therapist. The Manufacturer is not and cannot be responsible for any injury from non-approved use, incorrect use or misuse.



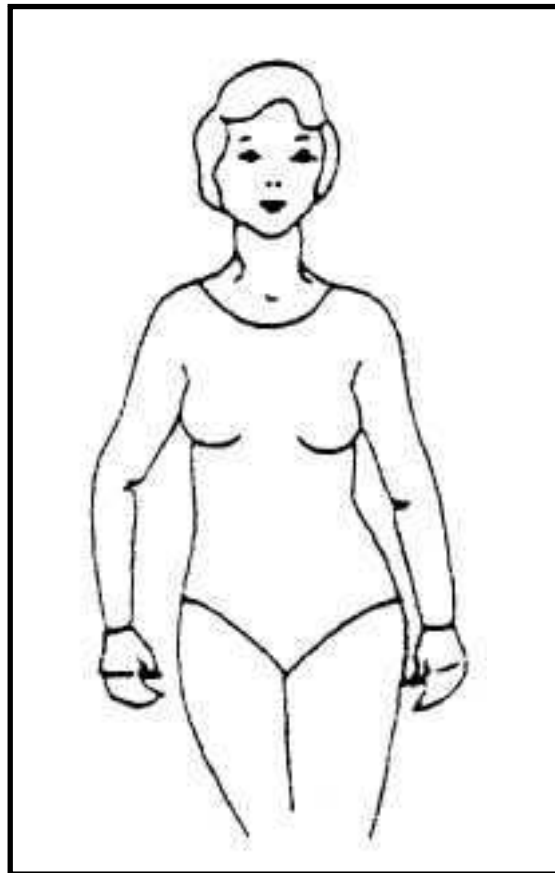
***CIRCULAR TRACTION SUPPLY, INC.***

9550 WARNER AVE. SUITE 250 FOUNTAIN VALLEY, CA 92708

# If the Patient's



Skull appears shifted right in relation to episternal notch

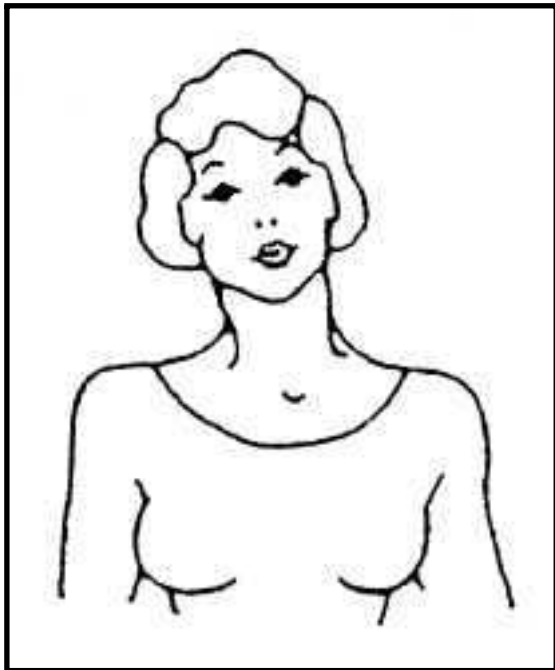


Thorax appears shifted right in relation to pelvis and feet.

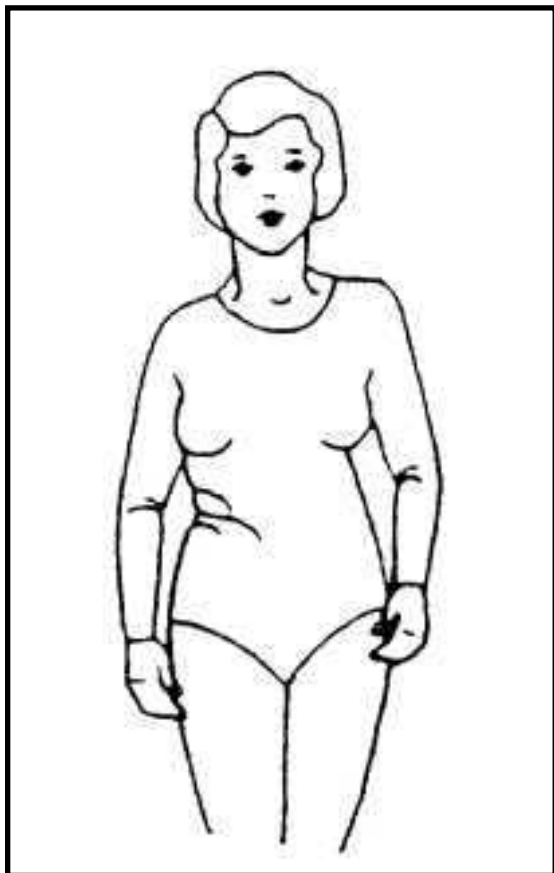
# Then traction as shown



## If the Patient's



Right ear tragus is inferior in relation to left ear tragus and skull appears laterally ~~flexed~~ right

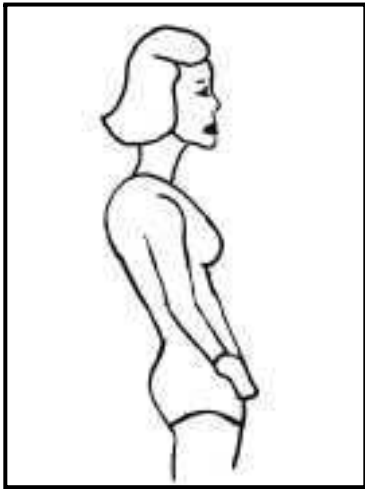


Right hand hangs lower than left and thorax appears latterally ~~flexed~~ right.

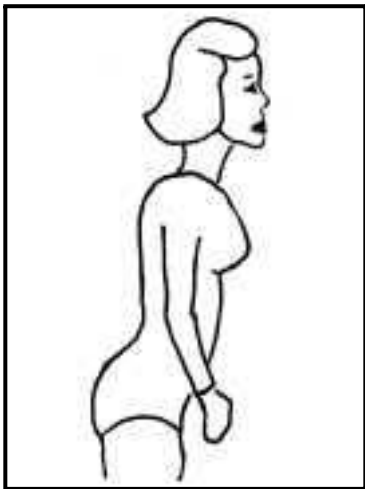
## Then traction as shown



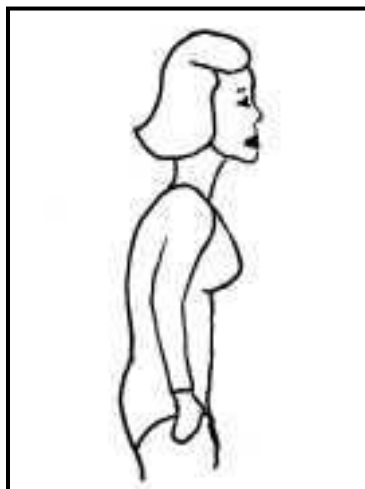
# If the Patient Stands



With an exaggerated Thoracic Kyphosis, rounded shoulders and posterior thoracic posture



With an exaggerated lumbar lordosis increased pelvic tilt and anterior thoracic posture



With a lumbar "flat back" posture (use vertical laid chest block on females)

# Traction as shown

